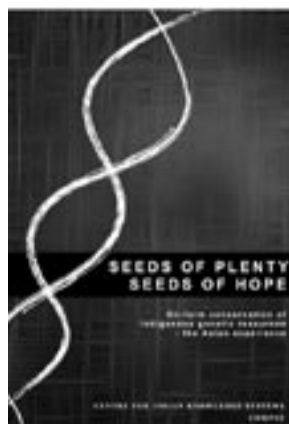


## NEW PUBLICATIONS



### Seeds of Plenty Seeds of Hope

*On-farm conservation of indigenous genetic resources – the Asian Experience*

K. Vijayalakshmi and  
A.V. Balasubramanian ( eds. )

A large number of grass root efforts are in progress for the on-farm conservation of indigenous genetic resources. This book attempts to capture these efforts that have been in progress in Asia. The coverage of the groups involved in this effort is by no means exhaustive and must only be considered as representative of this effort. It is meant to promote sharing and exchange of information as well as materials wherever desirable and feasible and also lead to the formation of networks and coalitions in this important area of work.

Price : \$12/-



### Organic Paddy Cultivation

K. Vijayalakshmi, T.D. Nirmala Devi,  
Subhashini Sridhar and S. Arumugasamy

This book provides detailed information on organic paddy cultivation. It provides information about seed selection techniques, seed treatment and use of organic manures to improve soil fertility. Pests and diseases affecting paddy are described in detail with their organic control measures. It also gives information on the pests attacking stored grains and their control. The latter portion of this book provides information about important indigenous paddy varieties with their special characteristics. Photographic illustrations of major pests and predators help in easy identification. Control measures are also illustrated in colour.

Price :  
\$10/- (English)  
\$10/- (Tamil)



### The Seed Keepers

*A multimedia presentation*

The Seed keepers is a self running multimedia presentation made with still photographs and complete with commentary and sound track. This 23 minutes presentation summarises the effort of a eight year project of CIKS on biodiversity conservation. This would be a starting point for organisations involved in biodiversity conservation work. The CD is available both in English and Tamil.

Price : \$15/- (English)  
Rs. \$15/- (Tamil)

## NEW PUBLICATIONS



### Organic Methods of Pest and Disease Management

K. Vijayalakshmi, S. Arumugasamy and Subhashini Sridhar

This book is designed in such a way that it can either be used as a book or the material in it can be separated and used as individual posters. The first section consists of three posters which highlights identification of important pests of vegetables and their control measures. The second section consists of two posters which deals with identification of important diseases of vegetables and their control measures. The third section consists of four posters which gives general non-chemical methods of pest control which can be applied in a variety of crops. It would be a useful tool for anybody wanting to shift to organic agriculture.

Price : \$10/- (English)  
Rs. \$10/- (Tamil)  
Rs. \$10/- (Hindi)



### Organic Cotton Cultivation

K. Vijayalakshmi, S. Arumugasamy and  
Subhashini Sridhar

This book is designed in such a way that it can either be used as a book or the material in it can be separated and used as individual posters. The first three posters highlight identification of important pests of cotton and their control measures. The fourth poster deals with identification of important diseases of cotton and their control measures. Poster five deals with nutrient deficiency and nutrient management. Posters six to nine deal with pest management techniques and poster ten explains in detail composting techniques. In poster eleven and twelve general techniques for organic cotton cultivation are discussed.

Price :  
\$10/- (Tamil)  
\$10/- (English)



### Organic Vegetable Gardening

Organic vegetable garden is an interactive CD made with colour photographs and sound track. This CD ROM will help you plan, plant and maintain your garden in the best possible way – without the use of chemical fertilizers and pesticides. It contains information on cultivation methods for various vegetables, soil management, pest and disease control and much more.

Price : \$15/- (English)  
\$15/- (Tamil)

## CIKS PUBLICATIONS ON INDIGENOUS AGRICULTURE

### Indigenous Rice Varieties - 2

M. Jayashankar, S. Arumugasamy, H.Saraswathy & K. Vijayalakshmi

This book provides detailed information on 47 indigenous rice varieties. For each variety, the cultivation details, agronomical features, characteristics of the earhead and the grains and yield of grain and straw are given. It also provides information on certain special features of the variety such as pest resistance, drought tolerance, medicinal properties etc. All the information provided in this book is based upon our experiences during the cultivation of these varieties under field conditions - this adds to the value of the book.

Price : \$5/- (English) \$5/- (Tamil)

### Indigenous Rice Varieties - 1

M. Jayashankar, S. Arumugasamy, K.Subramanian, Subhashini Sridhar & K. Vijayalakshmi

This book provides detailed information on 34 indigenous rice varieties. For each variety, the cultivation details, agronomical features, characteristics of the earhead and the grains, yields of grain and straw are given.

Price : \$5/- (English) \$5/- (Tamil)

### Neem : A User's Guide

Subhashini Sridhar & K. Vijayalakshmi

Since time immemorial, we have used the Neem tree in agriculture, public health, medicine, toiletries, cosmetics, livestock protection and rituals. This tree is considered invaluable. India has shared this tree and knowledge of its use free with the world. This book describes the use of neem in the context of agriculture and health and is meant to strengthen and enhance the indigenous tradition of the uses of neem at the local level.

Price : \$4/- (English) \$4/- (Tamil)

### Organic Vegetable Gardening : Revised and Enlarged edition

Subhashini Sridhar, S. Arumugasamy, H. Saraswathy & K. Vijayalakshmi

The revised and enlarged edition of this book on "Organic Vegetable Gardening" focuses on how to grow vegetables in your garden without the use of chemical fertilizers and pesticides. It gives information about the importance of composting and techniques for preparation of compost. A section on laying out a vegetable garden is also provided. Cultivation details of some important vegetables are given. Description of pests and diseases attacking vegetables and their control methods are provided.

Price : \$4/- (English) \$4/- (Tamil)

## CIKS PUBLICATIONS ON INDIGENOUS AGRICULTURE

### Soil Conservation in Organic Farming : Handbook - 1 - Green Manure, Green Leaf manure and Biofertilisers

*M. Jayashankar, K. Subramanian, S. Arumugasamy, H.Saraswathy & K. Vijayalakshmi*

This book provides practical information about the usage of green manure, green leaf manure and biofertilisers. Details regarding their method of cultivation, seed rate etc. are also provided. The different types of biofertilisers, their method of application, suitability for various crops etc. are discussed. It also lists out the organisations in Tamilnadu which supply these biofertilisers.

Price : \$3/- (English)      \$3/- (Tamil)

### Vrkshayurveda : Ayurveda for Plants – User’s Manual – 1

*Subhashini Sridhar, S. Arumugasamy, K. Vijayalakshmi & A.V. Balasubramanian*

Vrkshayurveda is an ancient Indian Science dealing with all aspects of Plant life. This user’s manual lists certain important farmer’s practices and provides rationale for these practices based on the theory of Vrkshayurveda. The recipes that have been recommended are based on field trials carried out by CIKS.

Price :\$3/- (English)      \$3/- (Tamil)

### Rice : Non-chemical Pest Control

*K. Vijayalakshmi, Subhashini Sridhar & E. Damodharan*

This publication provides practical information about the non-chemical pest control practices in the rice crop. It also provides details for identification of pests and predators and briefly describes some of the important diseases of the rice crop and their management. Most of the pest control practices have been tried out by farmers across the country.

\$4/-(Hindi)

### Plants in Pest Control Series

The following booklets provide information about the use of the respective plant products for controlling pests and gives a description of important pests controlled. They provide information regarding the preparation of extracts and also basic details regarding the cultivation of these plants.

- |   |                 |
|---|-----------------|
| 1. Persian Lilac                                  | \$3/- (English) |
| 2. Pungam, Tulasi & Aloe                          | \$3/- (English) |
| 3. Tobacco, Papaya and Thumbai                    | \$3/- (Tamil)   |
| 4. Custard Apple, Vitex<br>Sweet Flag & Poisonnut | \$3/- (Tamil)   |

### Pests of Paddy and their Management Practices (3 Posters)

This set of three Bilingual posters covers various pests of paddy, their control measures and the predators. These four colour posters are available in English – Hindi.

Price : \$3/- (English – Hindi)

### Herbs for Good Health

*T.D.Nirmala Devi, S.Arumugasamy and K.Vijayalakshmi*

This book provides details of 20 most commonly used medicinal plants. It provides the cultivation details and simple recipes for usage of the medicinal plants in treatment of common ailments. The colour picture of each medicinal plant helps in easy identification.

Price : \$3/- (English)

You can also order books online at  
[www.ciks.org/publications](http://www.ciks.org/publications)

## CIKS PUBLICATIONS ON INDIGENOUS HEALTHCARE

### Dentistry in Traditional Medicine

*K.M. Shyam Sundar*

This monograph provides an overview of the Ayurvedic Dentistry covering the areas of Oral Hygiene, Diseases of teeth and roots of teeth and the current status of Ayurvedic Traditions of Dentistry.

Price : \$5/- (English)      \$5/- (Hindi)

### Prakruthi : An Ayurvedic Guide to Health

*K.M Shyam Sundar & A.V. Balasubramanian*

“Prakruthi” or the natural constitution of an individual is a key concept in Ayurveda. The monograph describes the Ayurvedic concept of Prakruthi, methods to determine one’s own Prakruthi and the adaptation of food, habits etc. to suit various Prakruthi types. Mental aspects of Prakruthi are also described.

Price: \$5/-

### Treatment for Poisons in Traditional Medicine - \$3/- (Hindi)

### Ophthalmology in Traditional Medicine - \$3/- (Hindi)

### Mental Health in Traditional Medicine - \$3/- (Hindi)

## COMPAS PUBLICATIONS

### Ancient Roots, New Shoots : Endogenous Development in Practice

*Bertus Haverkort, Katrien van 't Hooft & Wim Hiemstra (eds)*

The present global problems of poverty, ecological destruction and loss of cultural diversity call for innovative solutions. This book presents a number of field experiences of endogenous development, or development from within, in sub-Saharan Africa, Asia, South America and Europe. With a good balance of theory and practice, this book can be immensely useful to development practitioners, researchers and policy makers, especially in the fields of rural development, agriculture, natural resource management and health.

Price : \$15/-

### Food for Thought

*Bertus Haverkort & Wim Hiemstra (eds)*

Food for Thought presents new insights about knowledge of rural people. The book deals with ancient worldviews or cosmovisions and the role of traditional leaders. A framework for such on-farm experiments and ideas for a methodology for supporting endogenous development are presented.

Price : \$15/-

## CRE-A PUBLICATIONS

### Spiders : An Introduction

*K. Vijayalakshmi & Preston Ahimaz*

This book introduces the world of spiders both to the layman and the amateur naturalist in layman’s terms but with professional information and details. It describes in detail the morphology of the spider, the behavioural aspects and gives information on 43 families of spiders found in India. It also provides detailed descriptions of 40 commonly seen spiders in India.

Price : \$10/-

## SIDH PUBLICATIONS

### The British Origin of Cow-slaughter in India

*Dharampal & T.M. Mukundan*

Of all beings the cow is treated in India as the most sacred, auspicious and sanctified. Since about 1860 AD British and European scholarship started a new school of vedic interpretation to impress on the westernised class in India that the ancient Vedas, and allied texts also advocated, celebrated, and feasted on the flesh of the cow, or bullock, on special occasions. This book traces the British Origin of Cow-slaughter in India from the 18<sup>th</sup> Century. It also has British documents on the Anti-kine killing movement from 1880 - 1894.

Price : \$21/-

## OTHER INDIA BOOK STORE PUBLICATIONS

### The Organic Farming Reader

*Claude Alvares, Vandana Shiva, Sultan Ismail, Bernard Declercq, Korah Mathen & K. Vijayalakshmi*

The Reader has five sections which deal with different aspects of organic farming - The philosophy and ethics of organic farming; The regeneration of the soil; The crisis of biodiversity; Problems between human beings and insects and the warfare between them; The economics of organic farming. It is a companion volume to organic farming source book.

Price : \$10/-

### The Violence of the Green Revolution

*Vandana Shiva*

Vandana Shiva's classic on the ecological impact of the Green Revolution in Punjab. Shiva documents the impact of chemical fertilizers on soil fertility and discusses the return to organic inputs. She examines also the political and cultural costs of the Green Revolution and concludes with two additional chapters on Pepsico and Seeds and the issue of patents and intellectual property.

Price : \$9/-

### An Agricultural Testament

*Albert Howard*

It is an organic farming classic. This is an antithesis of the Liebig tradition which reduced all plant nutrition to NPK and its replenishment at regular intervals, earthworms and other microfauna and flora be damned.

Price : \$11/-

### The One-Straw Revolution

*Masanobu Fukuoka*

It is one of the classics of organic farming. The philosophy of this book is that farming is simply as possible within and in co-operation with the natural environment, rather than the modern approach of applying increasingly complex techniques to remake nature entirely for the benefit of human beings.

Price : \$5/-

Also available in Tamil as 'Ottrai Vaikkol Puratchi', published by Poo Ulagin Nanbargal. Price \$5/-

### Silent Spring

*Rachel Carson*

This Indian edition of Rachel Carson's Silent Spring addresses the tragedy of the use of Toxic Chemicals to kill insects. Silent spring tells us, the story of how the use of poisonous chemicals, particularly DDT, to eliminate insect pests, has so thoroughly decimated wildlife over the years.

Price : \$8/-

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version of our catalogue at  
[www.ciks.org/publications](http://www.ciks.org/publications)

## BOOKVENTURE PUBLICATIONS

### The Road Back to Nature : Regaining the Paradise Lost

*Masanobu Fukuoka*

In this collection of articles, lectures and essays, Fukuoka records for the first time his impressions and observations during his travels. He recounts also how he developed a superhigh-yielding variety of rice, and his incredulity and despair at the petty international seed politics that prevent the use of this miracle grain where it could do the most good. And he goes on to lucidly demonstrate the interdependence of nature, God and man.

Price : \$13/-

### The Natural Way of Farming : The Theory and Practice of Green Philosophy

*Masanobu Fukuoka*

This book is an in-depth look at the author's unique method of "do nothing" farming. It has the secrets of Fukuoka's approach to farming the natural way; the theory and practice of working with nature, and living better for it. At once philosophical and down-to-earth, he takes us on a walk through healthy fields, and clearly explains how we can and must change our way of doing things if we are to make lasting peace with the earth and ourselves.

Price : \$13/-

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## LSPSS PUBLICATIONS

### Local Health Traditions : An Introduction

*A.V Balasubramanian and M.Radhika*

This monograph has been written with the idea of providing an introduction to the wide range and variety of "Lok Swasthya Paramparas" (Local Health Traditions) which are prevalent throughout the country. An attempt has been made to describe these traditions and to understand and evaluate them from the point of view of Indian Systems of Medicine.

Price : \$5/-

### Mother and Child Care in Traditional Medicine (Part I)

*M.Radhika and A.V Balasubramanian*

This monograph provides an overview of Traditional Practices relating to Pregnancy. It include - ideas about conception, diagnosis of pregnancy, care of pregnant women, therapeutics in pregnancy, abortion and miscarriage and disorders of the foetus. The book also discusses various local health traditions in the area based on a countrywide survey carried out on the subject.

Price : \$5/-

### Agenda for Revitalization of India Medical Heritage

*Darshan Shankar*

This monograph gives a detailed and pragmatic overview of the richness of our traditional medical heritage and addresses serious maladies that threaten to erode this 3000 year-old medical heritage.

Price : \$5/-

## WILEY EASTERN PUBLICATIONS

### Traditional Indian Agriculture : An Annotated Bibliography

*K. Vijayalakshmi*

This bibliography presents the results of a first attempt at surveying the literature available on Traditional Indian Agriculture which help us to understand its importance and contemporary relevance.

Price : \$5/-

**Forestry Sector in Conserving India's Medicinal Plants**

A book on the key role of forestry sector in conserving India's Medicinal Plants (Conceptual and Operational Features).

Price : \$10/-

**Tropical Indian Medicinal Plants : Propagation Methods**

Plant pictures with brief description, distribution pattern, agroclimatic requirements for growth and medicinal uses of all 170 species. Useful to growers and users of indigenous medicinal plants, and those involved in conserving this precious natural wealth for posterity in wild.

Price : \$50/-

**How to grow medicinal plants**

Available only in Tamil. Price : \$5/-

**Neem : Free no more.**

Available only in Tamil. Price :\$5/-

**Green Health : Uses of Medicinal Plants for Primary Health Care**

This film on using medicinal plants for primary health care is intended to create an awareness among the public about our time tested health traditions of using common medicinal plants to achieve self-reliance in primary health care. It also explains the role of organisations working towards this effort.

Price : \$25/- (English)                      \$25/- (Tamil)

**Green Healers**

This film is based on a series of Conventions of Folk Medical Practitioners of South India. It describes the diversity of Local Health Traditions, their valuable contribution to the country's health care system and the critical dependence of these practices on a wide variety of plant resources.

Price: \$25/- (English)                      \$25/- (Tamil)

**Indian Traditional Health Systems A Living Heritage**

A video film on the traditional healing systems of India.

Price : \$25/-

**Green Health Series Posters - Poster 3:**

How to use common Medicinal Plants for Primary Health Care. Shows how fourteen common medicinal plants can be used to make home remedies to treat simple ailments.

Price: \$5/- (English)                      \$5/- (Tamil)

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